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Psychotherapy for the Advanced Practice Psychiatric Nurse, Second Edition Kathleen Wheeler, PhD, PMHNP-BC, APRN, FAAN 2013-12-11 "Dr. Wheeler has skillfully crafted a text that covers basic psychiatric principles and skills from developing a therapeutic relationship and assessing and diagnosing the client to providing evidence-based psychotherapy for a variety of patient populations... This text is an excellent primer for teaching therapy skills and, although targeting graduate psychiatric nursing students, would prove equally valuable for students of any mental health discipline. It is also a resource for experienced clinicians wanting to expand their understanding of trauma and how adaptive information processing might be used as an organizing framework for all psychotherapy." --Linda Mabey, Journal of EMDR Practice and Research DESCRIPTION This is a how-to compendium of evidence-based approaches to practicing psychotherapy for both the experienced and neophyte advanced practice psychiatric nurse. This book integrates neuroscience with relationship science and unites disparate psychotherapeutic approaches into a model that is concise and straightforward, yet sufficiently comprehensive to provide a framework for practice. The most useful therapeutic models are highlighted with principles, and techniques of treatment for nurse psychotherapists and those with prescriptive authority. This second edition expands the award-winning first edition, providing guidelines, forms, and case studies to assist APPNs in deciding which treatment to use based on psychotherapy outcome studies and practice guidelines. New Chapters in the Second Edition: Motivational Interviewing Dialectical Behavior Therapy Group Therapy Family Therapy Eye Movement Desensitization and Reprocessing (EMDR) Therapeutic Approaches for Addictions New CPT Codes & Reimbursement Awards and Reviews for the First Edition: APNA Media Award AJN Book of the Year Award 5 Star Amazon Reviews 4 Star Doody Review "Lays out a holistic paradigm for advanced psychiatric nursing (APN) practice by drawing upon a neuroscience of information processing, human development, attachment theory, and trauma. . . (and) explains the essentials of psychotherapy by melding principles underlying the therapeutic alliance, adaptive information processing (AIP), change, and a hierarchically arranged treatment format that fosters healing through the resolution of dysfunctional memory this important text holds true to the historical basis for psychiatric nursing being organized around phases and principles of the nurse-patient relationship." Margaret England, PhD, RN, CNS, Perspectives in Psychiatric Care "Wheeler offers the field a scholarly training manual. . . grounded in Shapiro's (2001) adaptive information processing paradigm . . .(where) the brain is viewed as an information processing system with innate self-healing mechanisms that regulate its internal environment to survive and to maintain a stable, constant condition through dynamic regulation." Robert M. Greenfield, PhD, Journal of Trauma & Dissociation

Bathing Without a Battle Ann Louise Barrick, PhD 2008-03-10 2008 AJN Book of the Year Winner! Like its popular predecessor, the new edition of Bathing Without a Battle presents an individualized, problem-solving approach to bathing and personal care of individuals with dementia. On the basis of extensive original research and clinical experience, the editors have developed strategies and techniques that work in both institution and home settings. Their approach is also appropriate for caregiving activities other than bathing, such as morning and evening care, and for frail elders not suffering from dementia. For this second edition, the authors have included historical material on bathing and substantially updated the section on special concerns, including: Pain Skin care Determining the appropriate level of assistance

**Transfers The environment** An enhanced final section addresses ways to support caregivers by increasing their understanding of the care recipient's needs and their knowledge of interventions to improve care and comfort. It also emphasizes self-care and system-level changes to promote person-directed care. Several chapters include specific insights and wisdom from direct caregivers.

**Differential Diagnosis for the Advanced Practice Nurse** Dr. Jacqueline Rhoads 2014-07-17 This clinical guide is targeted for nurse practitioner students and for those who are starting practice to help them with the basic skill of how to use the history and physical exam findings to form a differential diagnosis, and then evaluate the best treatment choice for common problems.

**Handbook of Geropsychiatry for the Advanced Practice Nurse** Dr. Leigh Powers, DNP, MSN, BS, ARNP, PMHNP-BC 2021-01-15 Offers a wealth of information and insight geared specifically for APRNs providing holistic mental health care to older adults Addressing the most commonly-encountered mental health disorders, this practical, evidence-based resource for advanced practice nurses, nurse educators, and graduate nursing students delivers the knowledge and tools needed to effectively assess, examine, diagnose, treat, and promote optimal mental health in the geriatric patient. Written by recognized experts in the field of geropsychiatry, this handbook encompasses updated DSM-5 diagnoses and criteria, psychopharmacology, the psychiatric exam, and systems-level approaches to care. It also considers the relationships of the geriatric patient to family, community, and health care providers as they contribute to successful treatment. This handbook examines the biological changes associated with aging and addresses common mental health disorders of older adults. It presents clear clinical guidelines and demonstrates the use of relevant clinical tools and scales with illustrative examples. Additionally, the text delves into cultural differences that impact treatment and addresses the distinct needs of patients during a pandemic such as COVID-19. Key Features: Written specifically for APNs and students who work in the geropsychiatry field Presents evidence-based content within a holistic nursing framework Links psychopharmacological content with psychotherapy Describes cultural considerations in assessment and treatment during a pandemic such as COVID-19—in assessment and treatment Delivers key information on interprofessional approaches to patient care Includes Case studies with discussion questions Interprofessional Boxes contain key information on partnerships that can enhance care Evidence-Based Practice Boxes focus on proven strategies and resources Purchase includes digital access for use on most mobile devices or computers.

**The Encyclopedia of Elder Care** Elizabeth A. Capezuti, PhD, RN, FAAN 2017-12-07 Praise for the Third Edition: "The third edition of this outstanding resource reflects the many advances in the care of older people that have occurred since the publication of the second edition...The vast bulk of the content is accessible and relevant to an international audience. The indexing and cross-referencing are excellent... Score: 5/5 stars." -- Margaret Arthur, Nursing Standard "The information [in this book] is amazing. I reviewed topics in which I have expertise and was very satisfied. This is an excellent addition to my library and I will refer to it often, much like a medical dictionary... Score: 90, 4 Stars." --Doody's Medical Reviews "Provides 273 comprehensive, yet succinct, entries on a variety of topics related to elder care. In addition, many of the entries include see also references that help readers easily navigate the book. Recommended." --Choice: Current Reviews for Academic Libraries This expanded, one-of-a-kind reference of more than 250 entries provides a comprehensive guide to all of the essential elements of elder care across a breadth of health and social service disciplines. Responding to the needs of providers, directcare workers, family, and other caregivers, the diverse array of entries included in this encyclopedia recognize and address the complex medical, social, and psychological problems associated with geriatric care. In addition to a brief, accessible summary of each topic, entries include several key references, including web links and mobile apps for additional sources of information. This updated edition contains more than 30 new entries written by renowned experts that address a variety of elder care topics. New to the Fourth Edition: New entries addressing Ethics Consultation, Eye Disorders, Pain – Acute and Chronic, and many others Key Features: Provides succinct descriptions of over 250 key topics for health and social service clinicians Offers crucial information for elder care providers across all settings and disciplines Distills current, evidence-based literature sources Written by nationally recognized expert researchers and clinicians Includes links to useful websites and mobile apps

**Family Practice Guidelines** Jill C Cash, Msn Apn Fnp-BC 2020-05-28 This bible of family practice for primary care clinicians and students provides current national practice guidelines for professional standards of care across the life span. Concise and clearly organized, this resource features detailed, step-by-step instructions for physical examinations and diagnostic testing in the outpatient setting,

information on health promotion, care guidelines, dietary information, information on culturally responsive care, patient resources, and abundant patient-education handouts. Now in color with abundant images and illustrations, this fifth edition features thoroughly updated guidelines and recommendations to reflect latest in practice, as well as many new guidelines. Each of the diagnoses includes definition, incidence, pathogenesis, predisposing factors, common complaints, signs/symptoms, subjective data, physical exam and diagnostic tests, differential diagnosis, and a care plan. Key Features: Presents information for disorders in consistent format for ease of use Highlights key considerations with Practice Pointers Provides individual care points for pediatric, pregnant, and geriatric patients Includes 138 printable Patient Teaching Guides Offers 18 procedure guidelines and routine health maintenance guidelines Features appendices that provide guidelines on normal lab values, special diets, Tanner's Sexual Maturity Stages, and teeth Purchase includes access to the eBook for use on most mobile devices or computers

Clinical Simulations for the Advanced Practice Nurse Celeste M. Alfes 2020-03-10 Provides high-quality, comprehensive simulation scenarios for APRNs This invaluable resource is the first simulation guide designed specifically to support the training and evaluation of advanced practice nursing students, novice nurse practitioners, and advanced practice nurses transitioning to new fields. This book provides a method and foundation to transform graduate nursing education to competency-based clinical evaluation, empowering programs with standardized templates and interprofessional education options for each scenario to advance graduate simulation education and research. This comprehensive guide delivers more than 50 comprehensive simulation scenarios, written by experienced APRNs, faculty, and simulation specialists. Scenarios are arranged by APRN specialty with applications for students, faculty, standardized patients, staff development, and simulation staff who prepare the advanced practice nurse and their interprofessional team for clinical practice. Not only is this text easy for faculty to use and implement, it also includes several levels of application and offers strategies for adapting scenarios to an interprofessional setting. Each simulation is structured into a consistent template for ease of use, which includes a description, objectives, equipment needed, pre-briefing, debriefing, and interprofessional considerations. Additionally, each scenario includes a one-page download designed for the Simulation Team focusing on "what happens" in a particular scenario. These comprehensive simulations encompass a wide variety of physical health and mental health scenarios across the lifespan as well as telehealth, critical care transport, and retail scenarios. Three detailed sections dedicated to APRN students, faculty, and simulation staff provide timely topics and sound advice from recent graduates, faculty experts, and leaders in the simulation field. The section for students provides anticipatory guidance for novice practitioners on how best to prepare for formative and summative evaluations, standardized patient interactions, high-stakes simulation testing, and interprofessional experiences. The section for faculty provides practical information on how to design engaging simulation experiences for the APRN, and suggestions on mapping the various modes of simulation experiences to various levels and competencies. A detailed section directed to the simulations team covers operations and management of the environment, personnel, equipment, and resources. Key Features: Provides 10 Objective Structured Clinical Examination (OSCE) standard scenarios for general advanced practice assessment Contains more than 50 comprehensive simulation scenarios, arranged by APRN specialty for formative, summative, and high-stakes testing and competency evaluations Consistent with INACSL and SSH Simulation Standards of Best Practice and NLN Simulation Theory by Pamela Jeffries Maps simulation experiences to APRN learner levels and AACN competencies Includes separate sections tailored towards APRN students, APRN faculty and staff development, and the simulation operational team Delineates and provides hyperlinks for suggested learner preparation and the most up-to-date references to support each scenario

Case Study Approach to Psychotherapy for Advanced Practice Psychiatric Nurses Candice Knight, PhD, EdD, APN, PMHCNS-BC, PMHNP-BC 2020-09-24 A case study companion to the leading textbook on psychotherapy for advanced practice psychiatric nurses Case Study Approach to Psychotherapy for Advanced Practice Psychiatric Nurses is a case study companion to the groundbreaking and award-winning textbook Psychotherapy for the Advanced Practice Psychiatric Nurse, edited by Kathleen Wheeler. Designed for both the novice and experienced advanced practice psychiatric nurse, it provides complementary content and activities to help students and professionals master the art and science of conducting psychotherapy. The case studies address a wide range of diverse theoretical approaches and varied client problems and psychiatric diagnoses. Each chapter follows a consistent format to allow for

comparison, beginning with the author's personal experience, providing the reader with the understanding of how various theoretical orientations were chosen. This is followed by background on philosophy and key concepts, as well as mental health and psychopathology, therapeutic goals, assessment perspectives, and therapeutic interventions. The chapter then presents background on the client and a selection of verbatim transcript segments from the beginning, middle, and final phase of therapy. The therapeutic process is illustrated by client–therapist dialogues, which are supplemented with process commentaries that explain the rationale for the interventions. A final commentary on the case is presented to enhance the reader's clinical reasoning skills. Key Features: Augments the groundbreaking Psychotherapy for the Advanced Practice Psychiatric Nurse Features case studies that address a range of theoretical approaches and varied client problems and psychiatric diagnoses Offers comprehensive coverage of the approach, psychopathology, therapeutic goals, assessment perspectives, therapeutic interventions, and verbatim transcripts from the beginning, middle, and final phases of therapy Includes reflection questions to help the reader apply the material to their personal lives and offer guidelines for continuing to work with the theoretical orientation

Nursing a Practice Hermanuella Hyppolite 2018-01-19 A guide on opening a private practice as a Psychiatric Nurse Practitioner

Who's Who in American Nursing 1988-1989 Jeffrey Franz 1989

Nursing Diagnosis Handbook - E-Book Betty J. Ackley 2016-01-27 Ackley's Nursing Diagnosis Handbook: An Evidence-Based Guide to Planning Care, 11th Edition helps practicing nurses and nursing students select appropriate nursing diagnoses and write care plans with ease and confidence. This convenient handbook shows you how to correlate nursing diagnoses with known information about clients on the basis of assessment findings, established medical or psychiatric diagnoses, and the current treatment plan. Extensively revised and updated with the new 2015-2017 NANDA-I approved nursing diagnoses, it integrates the NIC and NOC taxonomies, evidence-based nursing interventions, and adult, pediatric, geriatric, multicultural, home care, and client/family teaching and discharge planning considerations to guide you in creating unique, individualized care plans. Comprehensive, up-to-date information on all the 2015-2017 NANDA-I nursing diagnoses so you stay in the know. UNIQUE! Provides care plans for every NANDA-I approved nursing diagnosis plus two unique care plans for Hearing Loss and Vision Loss. Includes pediatric, geriatric, multicultural, client/family teaching and discharge planning, home care, and safety interventions as necessary for plans of care. Presents examples of and suggested NIC interventions and NOC outcomes in each care plan. UNIQUE! Care Plan Constructor on the companion Evolve website offers hands-on practice creating customized plans of care. 150 NCLEX exam-style review questions are available on Evolve. Promotes evidence-based interventions and rationales by including recent or classic research that supports the use of each intervention. Classic evidence-based references promote evidence-based interventions and rationales. Clear, concise interventions are usually only a sentence or two long and use no more than two references. Safety content emphasizes what must be considered to provide safe patient care. Step-by-step instructions show you how to use the Guide to Nursing Diagnoses and Guide to Planning Care sections to create a unique, individualized plan of care. List of Nursing Diagnosis Index in back inside cover of book for quick reference. Three-column index is easy to use. Easy-to-follow sections I and II guide you through the nursing process and selecting appropriate nursing diagnoses. Alphabetical thumb tabs allow quick access to specific symptoms and nursing diagnoses.

Clinical Reasoning and Care Coordination in Advanced Practice Nursing RuthAnne Kuiper 2016-04-28 Teaches students how to "think like an APRN" This book describes an innovative model for helping APRN students develop the clinical reasoning skills required to navigate complex patient care needs and coordination in advanced nursing practice. This model, the Outcome-Present-State-Test (OPT), encompasses a clear, step-by-step process that students can use to learn the skills of differential diagnosis and hone clinical reasoning strategies. This method facilitates understanding of the relationship among patient problems, outcomes, and interventions that focus on promoting patient safety and care coordination. It moves beyond traditional ways of problem solving by focusing on patient scenarios and stories and juxtaposing issues and outcomes that have been derived from an analysis of patient problems, evidence-based interventions, and desired outcomes. The model offers a blueprint for using standardized health care languages and provides strategies for developing reflective and complex thinking that becomes habitual. It embodies several levels of perspective related to patient-centered care planning, team-centered negotiation, and health care system considerations. Through patient stories and

case scenarios, the text highlights care coordination strategies critical in complex patient situations. It provides students with the tools to collect patient information, determine priorities for care, and test interventions to reach health care outcomes by making clinical judgments during the problem-solving process. Concept maps illustrate complex patient care issues and how they relate to each other. For faculty use, the text provides links to relevant APN competencies and provides guidelines for using the OPT when supervising students in field settings. Key Features: Delivers a concrete learning model for developing creative thinking and problem solving in the clinical setting Offers a blueprint and structure for using standardized health care languages Includes patient stories and case scenarios to illustrate effective use of the OPT model Highlights care coordination strategies associated with complex client situations with the use of the Care Coordination Clinical Reasoning model Reinforces methods of reaching a diagnosis, outcomes, and interventions and how to duplicate the process

Fast Facts for Managing Patients with a Psychiatric Disorder Brenda Marshall, EdD, PMHNP-BC, ANEF 2017-08-28 The first book to address the care of dual-diagnosis patients in non-psychiatric settings Brimming with practical insights and strategies, this unique Fast Facts resource delivers concise, quick-access information about caring for patients with common physical complaints who also have a psychiatric diagnosis. It is the first book written for non-psychiatric nurses in multiple clinical settings to address the needs of patients with co-morbid diagnoses, and facilitates the integration of skills and strategies that support recovery for patients diagnosed with mental illness. Delivered in a convenient pocket-sized format, the guide delivers comprehensive information in easy-to-access short chapters, bulleted lists, tables, and figures, along with "Fast Facts in a Nutshell" boxes featuring key information. It covers the diagnoses of common psychiatric disorders and addresses the symptom alliance between various medical diagnoses and mental illness, and substance abuse and co-occurring mental disorders. Also included are strategies for establishing a therapeutic alliance with patients with psychiatric disorders and issues posing challenges for nurses in specific clinical settings. Additionally, the book explores the legal and ethical issues surrounding provision of care to patients with mental illness. Key Features: Delivers quick-access information about caring for patients with co-morbid diagnoses—the first book to do so Written for non-psychiatric nurses in a variety of clinical settings Presents key information in short chapters, bulleted content, lists, tables, and figures plus "Fast Facts" boxes Covers the diagnoses of common psychiatric disorders and de-stigmatizes patients with mental illness Provides strategies for fostering successful nursing interventions

Implementing the Evidence-Based Practice (EBP) Competencies in Healthcare: A Practical Guide for Improving Quality, Safety, and Outcomes Bernadette Mazurek Melnyk, PhD, RN, CPNP/PMHNP, FAANP, FNAP, FAAN 2016-06-09 Hospitals and healthcare systems around the world have attempted to build and sustain evidence-based practice (EBP) cultures and environments, yet they have struggled to clearly understand what EBP competency means. Implementing the Evidence-Based Practice (EBP) Competencies in Healthcare clears up that confusion and serves as a guide for clinicians, leaders, faculty, EBP mentors, and students in achieving EBP competency, facilitating evidence-based decision making in daily practice, and accelerating the speed at which research knowledge is translated into real-world settings to improve health outcomes and decrease healthcare costs. Authors Bernadette Mazurek Melnyk, Lynn Gallagher-Ford, and Ellen Fineout-Overholt provide step-by-step explanations and case scenarios that illustrate realistic advice and ready-to-use resources to help organizations integrate EBP broadly and deeply across their infrastructure to improve patient care quality and safety.

From Medrooms to Boardrooms Hermanuella Hyppolite 2018-01-18 Rendering experience as successful businesswomen and nurses, these twelve women present this motivational collection of real-life experiences of juggling double careers. Written with honest and engaging prose, it is full of personal stories intended to encourage readers to pursue life with purpose, follow their dreams, and achieve their set goals. Both spiritual and practical, this inspirational book combines modern nursing and entrepreneurial knowledge with success secrets to create distinctive, valuable insights. It reveals the raw, often sightless, journey of success and serves as a stimulus for nurses striving for personal growth and professional independence

Behandeling van trauma bij kinderen en adolescenten Judith A. Cohen 2006-08 Het boek biedt een concrete leidraad om op verschillende soorten traumatische gebeurtenissen te reageren. Een apart deel is gewijd aan rouwgerichte modules voor mensen die een traumatisch verlies hebben geleden.

Clinical Consult to Psychiatric Nursing for Advanced Practice Jacqueline Rhoads, PhD, ACNP-BC, ANP-C, PMHNP-BE, GNP-BE 2014-08-29 This is the only advanced practice guide to provide an overview of

the major DSM-5 disorders across the lifespan and complete clinical guidelines for their psychopharmacologic management. It has been compiled by expert practitioners in psychiatric care and is designed for use by nurse practitioners and other primary caregivers in clinical practice. The guide is organized in an easy-to-access format with disorders for which drugs can play a significant therapeutic role. The listing for each disorder includes clinical features and symptoms, as well as information about the most current and effective drugs for management. A clearly formatted table identifies the first and second lines of drug therapy along with adjunctive therapies for each disorder. Drugs are organized according to classification, and each listing provides the essential information needed to safely prescribe and monitor a patient's response to a particular drug. Brand and generic names, drug class, customary dosage, side effects, drug interactions, pharmacokinetics, precautions, and management of special populations are addressed. Convenient, practical, and portable, this guide will be a welcome and frequently used resource. Key Features: Presents psychopharmacological treatment guidelines for major DSM-5 disorders and parameters for use of each drug Prioritizes drugs according to their clinical efficacy and recommended treatment algorithms Includes brand and generic names, customary dosages, side effects, drug interactions, pharmacokinetics, precautions, and management of special populations Provides easy-to-read tables for quick clinical consultation Offers information on clinical algorithms, lab evaluation, and preventive services

Clinical Consult for Psychiatric Mental Health Care Jacqueline Rhoads, PhD, ACNP-BC, ANP-C, PMHNP-BC, CNL-C, FAANP 2010-10-25 2011 AJN Book of the Year Winner in Mental Health! This quick reference serves as an authoritative clinical guide to diagnostic treatment and monitoring recommendations for patients with mental disorders in the primary care setting. It offers fast and efficient access to evidence-based diagnostic and therapeutic guidelines for managing psychiatric and mental health conditions. The book guides family and adult advanced practice nurses in making clinical decisions that are supported by the best available evidence, reflecting current research and expert consensus. Additionally, researchers may use this book to identify important clinical questions where more research could be conducted to improve treatment decision making. This comprehensive text is organized by major diagnostic categories, such as anxiety disorders, with specific diagnoses organized alphabetically within each category. It supports informed practice, which increases confidence in differential diagnosis, safe and effective treatment decision making, reliable treatment monitoring and, ultimately, improved patient outcomes. Additionally, DSM-IV-TR diagnostic standard summaries and ICD-9 codes are incorporated for use in the clinical setting. It is an essential resource in everyday practice for all health care providers.

Fast Facts About Substance Use Disorders Brenda Marshall, EdD, PMHNP-BC, ANEF 2018-11-28 The only current resource for APPs caring for people with SUDs in clear, concise format This greatly needed resource is the first to provide evidence-based information and strategies for APRNs and PAs who work with individuals with substance use disorders (SUDs). Written in a concise, bulleted style for easy access to critical information, the reference addresses often-undiagnosed medical and psychiatric conditions which may accompany SUDs and the ethical considerations of working with affected patients and families. Written by noted substance abuse experts, the resource distills key information about SUDs, explaining what they are and what they are not, and the role of APPs in helping afflicted individuals to recover. It discusses how to identify SUDs regarding signs and symptoms, emergency response, and specific disorders. Also addressed is the use of pharmacology to treat SUDs including complementary and alternative medications, person-centered care for individuals with SUDs across the lifespan, and how to care for afflicted individuals in a variety of settings. Key Features: Distills current, evidence-based information in a concise, bulleted, pocket-sized format Organized for quick access to information Delivers proven strategies for successful nursing interventions Defines substance abuse disorders across the lifespan Discusses how to de-stigmatize people with substance abuse disorders Explores legal and ethical implications surrounding provision of health care to patients with SUDs

Fast Facts to Loving Your Research Project Brenda Marshall 2019-11-15 Makes research accessible—even enjoyable—to all nursing students! While often greeted with trepidation, the importance of a research project—how it is conducted and its significance to practice—is an essential aspect of nursing and other healthcare arenas. This innovative resource is a user-friendly introduction to evidence-based practice and other types of research-based initiatives that improve patient outcomes. Using a method formed through years of teaching experience, Brenda Marshall translates the difficult and sometimes confusing language of research into everyday vocabulary, linking complicated concepts with

easily understood scenarios. Written in quick-access Fast Facts style, the book presents knowledge in a consistent, step-by-step format characterized by bite-sized information. Each chapter opens with learning objectives that unfold into new concepts, followed by everyday life examples. Fast Facts boxes, systematized tables, and new vocabulary reinforce learning and highlight key concepts. This application-based approach helps students question their preconceived notions about research and then engage in it with a newfound confidence. Key Features: Translates complex research concepts into straightforward language Demonstrates clear, step-by-step methods that facilitate successful attainment of research goals Helps students to construct an argument, build a theory, and critically explore a belief Includes "Tickling Your Research Brain," presenting easily understandable research experiences Promotes self-sufficiency in lifelong learning and achievement Written by an instructor whose classes have propelled many successful research careers

Cumulative Index to Nursing Literature Cinahl Information Systems Staff 1999

A Practical Guide to Child and Adolescent Mental Health Screening, Evidence-based Assessment, Intervention, and Health Promotion Bernadette Mazurek Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN 2021-10-28 "This book is a thorough and relevant first step for health professionals to learn about mental health disorders among children and adolescents, from diagnosis to treatment to resources and prevention." -Richard H. Carmona, MD, MPH, FACS 17th Surgeon General of the United States (From the Foreword) Updated with new research findings and best evidence-based practices, the third edition of this quick-access guide aids practitioners in preventing, screening, diagnosing, and managing children and adolescents who present with mental health symptoms and disorders. This new edition describes key changes in the field with an emphasis on trauma and stressor-related disorders, cognitive behavioral therapy/skills building, suicidal and self-harming behaviors, substance abuse disorders, prescribing antidepressants to youth, and promoting mental health in schools. New and updated screening tools, instruments, and interventions add to the therapeutic arsenal, along with diagnostic criteria, case studies, and risk factors. In addition, this guide delivers new information on care for the caregiver and new technologies to enhance life balance. The third edition continues to deliver the essential "nuts and bolts" of evidence-based content in a practical and user-friendly format. Grounded in DSM-V criteria and diagnoses, with a holistic view of the patient, this guide contains a wealth of resources, including screening tools, parent/patient handouts, and other resources to educate families about mental health disorders and ways to foster patient wellness. New to the Third Edition: Describes new evidence-based programs to enhance mental health and well-being Presents updated educational materials for families and caregivers Featured chapters: Evidence-based Assessment and Management of Trauma and Stressor Related Disorders Evidence-based Assessment and Management of Adverse Childhood Experiences Evidence-based Assessment and Management of Substance Abuse and Addiction Spectrum Evidence-based Assessment and Management of Anxiety Disorders Evidence-based Assessment and Management of Depressive Disorders Promoting Mental Health in Schools Self-Care for Clinicians Who Care for Children and Adolescents with Mental Health Problems Key Features: Provides a tool kit for healthcare professionals to enhance care and improve outcomes Contains a variety of valid and reliable screening tools for mental health disorders in children and teens Addresses concise, evidence-based assessment and management guidelines Includes downloadable access to patient education handouts, resources, and a variety of other resources for children, teens, and parents

Psychiatric Case Studies for Advanced Practice Kathleen Prendergast 2018-05-11 Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. "This book will help students and clinicians gain a complete understanding of psychiatric assessment, become familiar with the symptoms that make up the major DSM-5 diagnoses, and formulate treatment planning by using actual clinical situations. It transforms difficult clinical concepts into clear examples, illustrating the process of assessment, diagnosis, and treatment planning." --Candice Knight, PhD, EdD, APN, PMHNP-BC Get much-needed exposure to real-world clinical scenarios and psychiatric evaluations, with this invaluable guide to positive, effective psychiatric advance practice nursing care. For an expert guide to providing patient-centered, evidence-based psychiatric care, keep Psychiatric Case Studies for Advanced Practice by your side. Practical and easy-to-follow, these more than 50 case scenarios clearly display the complaints, diagnoses, and treatments of the most common psychiatric disorders, supporting the critical decision-making skills of nurses practicing in a broad range of settings. Psychiatric, family, emergency, and general practice nurse practitioners of all experience levels will find this an invaluable aid for creating an

informed, holistic practice. Follow the real-life cases and expert analysis of psychiatric patients of a wide variety of ages, backgrounds, and conditions . . . Real-world child, adolescent, adult, and geriatric inpatient and outpatient psychiatric case studies that emphasize problem-based learning and an evidence-based practice Current diagnostic content from the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5), that includes DSM-5's newer diagnoses--gender dysphoria, binge eating disorder, and autism spectrum, plus current treatments for alcohol and opiate addiction Sample routine screening tools that offer convenient checklists and handouts to support patient treatment Content presented in a simple format--organized by age and indexed by diagnostic category for quick reference Each case presented in a standard format: chief complaint, history, mental status, diagnosis, differential diagnosis, treatment plan, and rationale for treatment prescribed--with questions at the end that guide you to create a diagnosis using the DSM-5 Cases addressing a wide range of disorders and supporting all experience levels in a variety of treatment settings--counseling centers, correctional facilities, homeless shelters, inpatient psychiatric units, and hospital consultation and liaison services Treatments and rationales that represent current, evidence-based research--treatment sections divided into psychopharmacology, diagnostic tests, referral, psychotherapy, and psychoeducatio Supplemental teaching tool for graduate psychiatric nurse practitioner/APN programs About the Authors Kathleen M. Prendergast, MSN, RN, APN, PMHNP-BC, is a former Instructor in Clinical Nursing, Columbia University School of Nursing, New York; a Psychiatric Consultant at Seton Hall University Counseling and Psychological Services; and a Psychiatric Nurse Practitioner at Caldwell University Counseling Center in Caldwell, New Jersey. Kasey Jackman, PhD, RN, PMHNP-BC, is Postdoctoral Research Fellow in Nursing at Columbia University School of Nursing in New York City, and has taught courses in the psychiatric-mental health nurse practitioner program. Dr. Jackman is a psychiatric nurse practitioner at a psychiatric hospital and has previously worked in out-patient, partial hospital, and private practices

Dans van woede Harriet G. Lerner 2014-02-11 Veel vrouwen beschouwen woede als een emotie die zwakte verraadt, machteloosheid aanduidt en dus onderdrukt worden. Aan de hand van de uitkomsten van wetenschappelijk onderzoek en nieuwe, bevindingen in de psychoanalyse toont Harriet G. Lerner aan hoe -en waarom onze woede bestaande relationele patronen eerder beschermt dan uitdaagt. Ze verklaart ook waarom het voor vrouwen niet alleen moeilijk is om boos te worden, maar ook om hun boosheid te gebruiken om zichzelf sterker en onafhankelijk te maken.

Handboek voor de behandeling van alcoholverslaving Robert J. Meyers 2012-05 De Community Reinforcement Approach (CRA) is een in de Verenigde Staten ontwikkelde gedragstherapeutische methode voor de behandeling van verslaving. Deze behandeling gaat uit van het gegeven dat mensen afhankelijk van middelen blijven doordat zij worden omgeven door een overmaat aan factoren die hun alcohol- of drugsgebruik bekrachtigen en hierbij aantrekkelijke, niet-verslavingsgebonden alternatieven in onvoldoende mate aanwezig zijn of zelfs ontbreken. CRA heeft als doel samen met de cliënt te werken aan een vervangende, nieuwe leefstijl die meer voldoening geeft dan hun middelengebruik. Inmiddels bestaat er ruimschoots bewijs dat CRA een effectieve behandeling voor cliënten met verslavingsproblemen vormt. Tot op heden was er geen Nederlandstalige handleiding over CRA beschikbaar. Het Handboek voor de behandeling van alcoholverslaving voorziet in deze leemte. Deze gezaghebbende handleiding voor hulpverleners beschrijft helder en in detail de klinische praktijk van CRA, de theoretische grondslag ervan, de ontwikkeling van CRA en het hiernaar verrichte onderzoek in de VS en in Europa. Voorts gaat het boek uitgebreid in op belangrijke CRA-procedures en biedt het vele voorbeelden van praktijkgesprekken die de procedures in deze methodiek illustreren. Voor alle afzonderlijke behandelonderdelen presenteren de auteurs een stappenplan. Ook geven zij nauwgezette aanwijzingen voor het uitvoeren van assessments en de behandeling van cliënten. Aan de orde komen voorts problemen tijdens de gedragstherapie en strategieën om deze te overwinnen. De vertaling van het oorspronkelijke, Engelstalige handboek is bewerkt door Nederlandse CRA-deskundigen en door hen voorzien van voorbeelden voor de Nederlandse behandelingsituatie. Hierdoor is de methodiek direct toepasbaar in uw dagelijkse hulpverlening.

Psychiatric Advanced Practice Nursing Eris F Perese 2012-01-05 Here's an evidence-based, holistic approach to caring for psychiatric and mental health patients in outpatient settings. Using a biopsychosocial model, this text addresses mental health issues through stabilization of brain chemistry, individualized psychotherapy, and re-socialization into the community. Inside, you'll find an in-depth focus on specific psychiatric disorders including the epidemiology, etiology, biological basis, clinical presentation of adults, older adults, and children, co-morbidities, differential diagnosis, and treatment.

There is also comprehensive coverage of the interventions and “Levers of Change” used to aid patients in their recovery, as well preventative interventions.

The Psychiatric-Mental Health Nurse Practitioner Certification Review Manual Raymond Zakhari, DNP, EdM, ANP-BC, FNP-BC, PMHNP-BC 2020-03-12 This review manual prepares students to successfully pass the ANCC Psychiatric-Mental Health Nurse Practitioner board certification examination. It encompasses all of the essential knowledge required, uses a succinct outline format that highlights critical detail, and systematically follows the test blueprint so that those taking the exam will be optimally prepared. The Psychiatric-Mental Health Nurse Practitioner Certification Review Manual begins with an overview of the certification examination, self-care, and test tips; the role of the psychiatric-mental health nurse practitioner, scope of practice, and regulations; and the theoretical foundations of care. Other topics examined include the neuroanatomy and physiology of mental illness; psychopharmacology; and physical assessment, diagnostic tests, and differential diagnosis. A wide range of psychiatric disorders, as organized in the DSM-5, are also reviewed. Each of the chapters include learning objectives and end-of-chapter review questions. The review manual concludes with a 150-question practice test. **KEY FEATURES** Reflects the latest ANCC test blueprint Includes test-taking strategies and tips for preparing for the big day; scope of practice; and theoretical foundations of care Covers a wide range of psychiatric disorders, as organized in the DSM-5 Includes end-of-chapter review questions and rationales **PLUS** a valuable 150-question practice test with rationales—more than 400 questions in total

Nurses,Â Clinical Consult to Psychopharmacology Jacqueline Rhoads 2012-01-23 This book is a quick-access guide for outlining psychopharmacologic drugs for major DSM-IV-R disorders, and is ideal reference for primary care providers to prescribe and monitor in advanced practice settings. Presenting principles of psychopharmacology, psychiatric syndromes, and psychopharmacological treatment, this reference guide is essential in the advanced practice setting. Special conditions are addressed for prescribing medications such as sleep disorders, post natal depression, and age-specific disorders in pediatrics and gerontology. **Key Features:** Accessible PDA format for faster diagnostic information; clinical algorithms for diagnosing psych-mental health conditions; presents treatment guidelines in selecting over 100 psychotropic drug regimens and monitoring parameters for each drug; includes easy-to-read tables and graphs for quick clinical consultation & provides case studies, complete with answers and extensive references for further reading.

Maternity and Women's Health Care - E-Book Deitra Leonard Lowdermilk 2014-12-18 The #1 maternity book in the market is getting even better. Maternity and Women's Health Care, 11th Edition provides evidence-based coverage of everything you need to know about caring for women of childbearing age. Not only does this text emphasize childbearing concerns like newborn care, it also addresses wellness promotion and management of women's health problems. In describing the continuum of care, it integrates the importance of understanding family, culture, and community-based care. Boasting new medication alerts and updated content throughout, this edition covers the new maternal levels of care, and the revised AAP policy on breastfeeding and infant sleep. Expert authors of the market-leading maternity nursing textbook deliver the most accurate, up-to-date content. Clinical reasoning case studies provide you with opportunities to test and develop your analytical skills and to apply knowledge in various settings. Community Activity boxes focus on maternal and newborn activities that can be pursued in local community settings and illustrate nursing care in a variety of settings. Cultural Considerations stress the importance of considering the beliefs and health practices of patients from various cultures when providing care. Emergency boxes provide information about various emergency situations and offer a quick reference in critical situations. Family-Centered Care boxes highlight the needs and concerns of families that you should consider to provide family-centered care. Medication guides provide an important reference of drugs and their interactions. Nursing care plans include rationales for interventions and provide you with an overview of, and specific guidelines for, delivering effective nursing care. Safety alerts highlighted and integrated within the content draw attention to developing competencies related to safe nursing practice. Signs of potential complications highlight vital concerns, alerting you to signs and symptoms of complications and the immediate interventions to provide. Teaching for Self-Management boxes highlight important information that nurses need to communicate to patients and families for follow-up care.

Psychotherapy for the Advanced Practice Psychiatric Nurse, Second Edition Kathleen Wheeler 2013-12-11 This book integrates neuroscience with relationship science and unites disparate psychotherapeutic approaches into a model that is concise and straightforward, yet sufficiently comprehensive to provide a

framework for practice. (Psychiatric)

Unfolding Health Assessment Case Studies for the Student Nurse Kristi Maynard 2020-06-17 Mastering critical thinking skills can be challenging for student nurses. Case studies help but can be flat and predictable. Instead, this book uses unfolding case studies that provide new information as the reader goes along, teaching critical skills and the knowledge to apply what is learned in nursing school to real-life on-the-job situations.

Verpleegkundige Interventies Gloria Bulechek 2016-05-05 'Verpleegkundige interventies' is de vertaling van 'Nursing Interventions Classification (NIC)'. Deze vierde, herziene Nederlandse editie is gebaseerd op de zesde Amerikaanse druk. Het boek biedt een gestructureerde indeling (taxonomie) van verpleegkundige handelingen en verrichtingen. De belangrijkste kenmerken van de NIC zijn: - volledigheid: meer dan 500 interventies; - evidence-based; - vanuit de bestaande praktijk ontwikkeld; - weerspiegelt de actuele klinische praktijk en recent onderzoek; - duidelijke en klinisch zinvolle terminologie; - in het veld getoetst; - gecombineerd met de NANDA-diagnoses.